

Lunch Menu

Dows Lane Elementary

Main Street School

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
*Baked Macaroni & Cheese WG Breadstick	Diced Chicken & *Cheese Quesadilla	Brunch for Lunch *French Toast Sticks, Syrup & Chicken Sausage	Cheeseburger *On a Bun OR	*Fresh Baked Cheese Pizza OR
OR Grilled Chicken Sandwich *On a Bun	OR Turkey Hot Dog On a Bun	OR Turkey and *Cheese Sandwich	BBQ Chicken Sandwich *On a Bun	Turkey Hot Dog On a Bun
Steamed Cauliflower	Fresh Green Beans	Whole Baby Carrots	Garbanzo Beans French Fries	Steamed Broccoli
9	10	11	12	13
*Chicken Nuggets WG Breadstick	*Baked Macaroni & Cheese WG Breadstick	Brunch for Lunch *French Toast Sticks, Syrup & Chicken Sausage	*Grilled Cheese Sandwich OR	*Fresh Baked Cheese Pizza OR
OR Turkey & *Cheese Sandwich	OR Grilled Chicken Sandwich *On a Bun	OR Ham (P) & *Swiss Sandwich	Cheeseburger on *Bun	Turkey & *Cheese Sandwich
Steamed Green Peas	Baby Carrots Garbanzo Beans	Celery Sticks Steamed Corn	French Fries	Roasted Broccoli Baby Carrots
16	17	18	19	20
Chicken Patty Sandwich *On a Bun	*Cheeseburger on Bun OR	Beef Burrito Brown Rice	*Chicken Nuggets WG Breadstick	*Fresh Baked Cheese Pizza OR
OR Turkey and *Cheese Sandwich	Grilled Chicken Sandwich *On a Bun	OR Turkey Hot Dog On a Bun	OR Turkey & *Cheese Sandwich	Grilled Chicken Sandwich *On a Bun
Roasted Corn	Grape Tomatoes Pinto Beans	Roasted Cauliflower	Zucchini Celery Sticks	Baby Carrots Roasted Broccoli
23	24	25	26	27
*Grilled Cheese Sandwich OR	*Baked Macaroni & Cheese WG Breadstick	Brunch for Lunch *Pancakes, Syrup & Chicken Sausage Patty	Beef, Soy & Milk *Meatball Hero with *Mozzarella Cheese	*Fresh Baked Cheese Pizza OR
Spaghetti with Grilled Chicken WG Breadstick	OR Hamburger *On a Bun	OR BBQ Chicken Sandwich *On a Bun	OR Turkey Hot Dog On a Bun Grape Tomatoes	Turkey and *Cheese Sandwich
Steamed Zucchini	Steamed Green Peas	Steamed Carrots	Pinto Beans	Garden Salad
30	31			
	*Baked Macaroni & Cheese WG Breadstick OR Hamburger	Lunch is FREE for All students for the 2021-22		Adult Meals \$5.50 (including tax)
Memorial Day School Closed	*On a Bun Butternut Squash	school year		

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White and Bread/Grain (All grains served are whole grain) Vegetables (3/4 cup) and Fruit choices rotate daily between apples, oranges and bananas.

Available Every Day

Bagel with Cheese Stick offered as a Complete Meal, including vegetable, fruit and milk Sun Butter and Jelly on Whole Wheat Bread as a Complete Meal

<u>Click here</u> to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



